



Health & Wellness Benefits

Getting a massage can do a world of good.

Some of the Benefits of *Massage* Include:

- Relieves stress & anxiety
- Improves Flexibility & Range of Motion
- Lower Blood Pressure
- Enhanced Sleep Quality
- Strengthens Immune System
- Relieves Headaches

Getting a massage regularly can do even more!

Enjoy Healthy, Glowing Skin

Some of the Benefits of *Facial Treatments* Include:

- Reduces fine lines and wrinkles
- Clear complexion and healthy glow
- Improves skin tone and texture
- Detoxify and Hydrate the skin
- Reduces blemishes and breakouts

Skin Health for Life



Milagro Memberships include **one** massage session or **one** facial treatment each month. Additional services throughout the month at your membership rate and exclusive monthly specials throughout the spa and salon.

Milagro Spa Membership Options:

- 50 Minute Classic Massage **\$80**
- 80 Minute Classic Massage **\$125**
- 50 Minute Deep Tissue Massage **\$95**
- 80 Minute Deep Tissue Massage **\$140**
- 50 Minute Signature Facial **\$100**
- 80 Minute Signature Facial **\$150**

Enjoy the Milagro Spa Experience

- Plush Robes & Slippers
- Cozy Relaxation Area
- Serene Spa setting
- Spa Locker Rooms with Showers & Sauna
- Complimentary Refreshments:
Coffee, Tea, Water & Fruit

Live Well. Be Well.
Spa Well.

milagro
SALON & SPA

MEMBERSHIPS

It's all about you.

Hours

MON: CLOSED · TUES-THURS: 9AM-9PM
FRI: 8AM-9PM · SAT: 8AM-6PM · SUN: 9AM-6PM

Manasquan

1904 Atlantic Ave.
Manasquan, NJ 08736
732.223.2296

Red Bank

325 Maple Ave.
Red Bank, NJ 07701
732.450.4400

www.milagrospace.com

Our **NEW** Milagro Spa memberships deliver a superior value for your money with the luxurious amenities that set us apart from the rest. Relieve stress, improve skin health and overall wellness in our serene spa setting. Milagro features a cozy relaxation room, plush spa robes, spa locker rooms with showers and sauna, complimentary refreshments and unparalleled hospitality.

The award winning **Milagro Spa & Salon** features an experienced massage therapy team with advanced training, caring nature and sheer talent.